

# **Enhancing Resilience in the Children of Sderot, Israel**

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# No Conflicts of Interest to Report



# Where Is Sderot?



# Life in Sderot



# Sderot Resilience Center



# Sderot Resilience Center

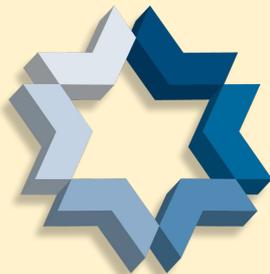








המרכז הרפואי  
**שערי צדק**  
SHAARE ZEDEK  
MEDICAL CENTER



A close-up photograph of several hands of different skin tones clasped together in a circle, symbolizing unity, support, and community. The hands are positioned in a way that they form a central point, with fingers interlocking. The background is a plain, light gray color. The text is overlaid on the center of the image.

**When treating  
trauma, it is  
relationships that  
heal, not medicine.**



# Relationships at the Foundation of Resilience

Parent and Child  
Patient and Self  
Treater and Patient



***Relationship: Parent and Child***



***Relationship:  
Patient and  
Self***





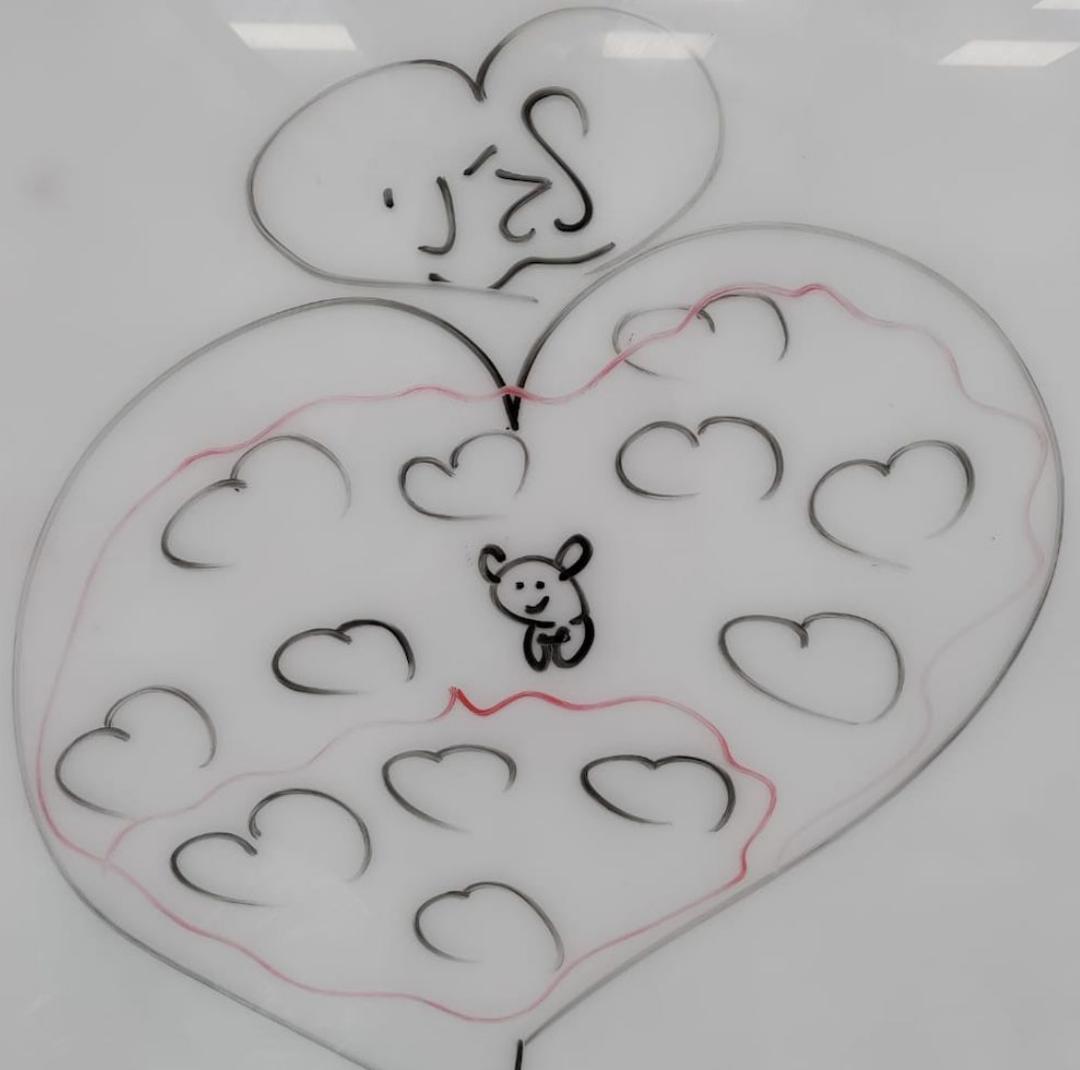
## 3 Golden Rules of Healing

1) Patients heal from their pain when you bring yourself into the room.

2) Magical moments will happen if you just listen carefully.

3) We are all more alike than we are different.

***Relationship:  
Treater and  
Patient***









מרכז חוסן

עזרות

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